

# **ANTI-BULLYING PLAN**

2021

# Blaxland Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <a href="https://antibullying.nsw.gov.au/">https://antibullying.nsw.gov.au/</a>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## Blaxland's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students
Term 2	Respectful relationships
Term 3	PBL Be Safe, Be Respectful Be a learner Peer Support
Term 4	Anti bullying messages

# 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Teaching and reinforcing respectful relationship Trauma Informed Practice PL March 18th
Term 2	NCCD Matrix training May 13th Linda Capuozzolo
Term 3	Review Student Wellbeing Practices
Term 4	Where to next after analysis of Tell them from me data

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

All classroom teachers have class specific information in the casual folder that is handed to the new/casual teacher at the start of each day.

- information is provided in a handout to staff when they enter on duty at the school
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

# 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

#### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan	NSW Anti-bullying website	Behaviour Code for Students
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# 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent meeting i.e P&C, parent/teacher night - Defining student bullying and school supports
Term 2	School website school Facebook and/or school newsletter - Bystander behaviour
Term 3	School newsletter and Facebook page - Social media etiquette
Term 4	School Newsletter and Facebook page- Bully free school

# 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

The schools PBL motto Be Safe, Be Respectful Be a Learner is consistently embedded across the whole school. There is a termly overview with a fortnightly focus that is discussed at morning and K-6 Assemblies and daily in the classrooms. Students demonstrating safe and respectful behaviours both in the classroom and playground receive tokens throughout the week that are then placed in a box for the weekly draw. Every Monday morning the PBL weekly draw takes place to recognise students demonstrating safe and respectful behaviors. Be a Learner is linked to the schools Bronze, Silver and Gold System. Students are presented Bronze certificates in the classrooms and Silver and Gold certificates are presented at K-6 assemblies. Principal sausage sizzles will be held each term for those students achieving Silver certificates and those students who have received a Principal award for Attitude, Commitment and Effort to learning.

Friendly Schools program is implemented across the school with a focus on Social and Emotional Learning Skills. The five areas that are developed across all classrooms are:

- 1. Self awareness: recognising and understanding our feelings, while valuing our strengths and abilities
- 2. Self- management: controlling and directing our emotions in appropriate ways

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